

# Online Session Guide



The Edmund Trust  
Eddie's

# Pride Week

Summer Programme  
WEEK 5  
WC: 24th August 2020



# Monday



<p><b>10am</b></p>	 <p><b>Keep Fit (Dance)   713077</b> Start the day with some fun, upbeat dance moves</p>
<p><b>3pm</b></p>	 <p><b>Sing and Sign</b></p> <p><b>Sing and Sign   527774</b> Sing some songs in Makaton, suitable for all ages</p>
<p><b>5pm</b></p>	 <p><b>Interactive Bingo   680750</b> Fun and interactivel bingo, who will be the ultimate champion?</p>
<p><b>7pm</b></p>	 <p><b>GAME SHOW NIGHT</b></p> <p><b>Game Show Night   068952</b> Join us for a fun night of game show activities</p>

# Tuesday



10am



## Keep Fit (Yoga) | 713077

Start the day with some calm and sensory yoga practice,

3pm



## Cooking Session | 566585

Make sure you check the materials guide for ingredients

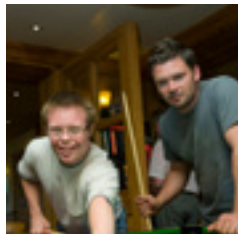
5pm



## Story Time | 496522

Engaging storytelling for everyone to enjoy

7pm



## BefriendingWorks | 245382

Catch up with friends, drama games and more

# Wednesday



<p>10am</p>	 <p><b>Keep Fit (Zumba)   713077</b> Start the day with some calm and sensory yoga practice,</p>
<p>3pm</p>	 <p><b>Musical Bingo   680750</b> Fun and interactive musical bingo, who will be the ultimate champion?</p>
<p>5pm</p>	 <p><b>Make and Create   630605</b> Make something new every session</p>
<p>7pm</p>	 <p><b>Volunteer Catch Up   849930</b> A session dedicated to our fantastic volunteers</p>

# Thursday



<p><b>10am</b></p>	 <p><b>Keep Fit (Kitchen)   713077</b> Start the day with some exercises with kitchen utensils</p>
<p><b>3pm</b></p>	 <p><b>Cooking Session   566585</b> Make sure you check the materials guide for ingredients</p>
<p><b>5pm</b></p>	 <p><b>Interactive Quiz   428476</b> Who will be the ultimate champion?</p>
<p><b>7pm</b></p>	 <p><b>Picnic in the garden   332336</b> Catch up with friends with a snack in the garden</p>

# Friday



<p><b>10am</b></p>	 <p><b>Keep Fit (Dance)   713077</b> Start the day with some fun, upbeat dance moves</p>
<p><b>3pm</b></p>	 <p><b>Sing and Sign   527774</b> Sing some songs in Makaton, suitable for all ages</p>
<p><b>5pm</b></p>	 <p><b>Make and Create   630605</b> Make something new every session</p>
<p><b>7pm</b></p>	 <p><b>Carers Catch Up   164446</b> A session for carers. Have a chat, connect with others</p>

# Saturday



<p>10am</p>	 <p><b>Keep Fit (Dance)   713077</b> Start the day with some fun, upbeat dance moves</p>
<p>3pm</p>	 <p><b>No session  </b> Back at 7pm</p>
<p>5pm</p>	 <p><b>No session  </b> Back at 7pm</p>
<p>7pm</p>	 <p><b>Eddie's House Party   403215</b> Join us for a House Party with karaoke and song requests</p>

# Sunday



<p>10am</p>	 <p><b>Keep Fit (Dance)   713077</b> Start the day with some fun, upbeat dance moves</p>
<p>3pm</p>	 <p><b>No session  </b> Back at 7pm</p>
<p>5pm</p>	 <p><b>No session  </b> Back at 7pm</p>
<p>7pm</p>	 <p><b>Eddie's Got Talent   561871</b> Prepare your showcase and enter our talent show</p>